Book 2

The Days of Sayyidah Fatimah (a)

Project Booklet

Under the Guidance of Moulana Nabi R. Mir (Abidi)

Please recite a Sūrah al-Fātiḥah for
the sponsors of this project booklet.

Important dates in Jumādā al-Ūlā

5th	Wilādah of Sayyidah Zaynab (ʿa), daughter of Imām ʿAlī (ʿa) (by some traditions)
13th	Shahādah of Sayyidah Fāṭimah az-Zahrāʾ (ʿa); beginning of Ayyām Fāṭimiyyah
15th	Wilādah of Imām Zaynul ʿĀbidīn (ʿa) (by some traditions)

Important dates in Jumādā al-Ākhirah

3rd	Shahādah of Sayyidah Fāṭimah az-Zahrāʾ (ʿa)
13th	Wafāt of Ummul Banīn
20th	Wilādah of Sayyidah Fāṭimah az-Zahrāʾ (ʿa)

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INFORMATION AND INSPIRATION:

al-Islam.org

Red Ted Art: 3d Ladybug Pop Up Card
Fun Express Store: Showers of Blessings Mobile Craft
Kids Activities Blog: DIY Paper Plate Clock

cover: freepik and fotor

بِسۡمِ اللّٰہِ الرَّحۡمٰنِ الرَّحِیۡمِ

Salāmun ʿalaykum,

May Allah (swt) bless you and your families. Our sincerest condolences to the Imām of our time, Imām Mahdī (ʿaj), our great marājiʿ and scholars, the Muslim Ummah, and all the believers on the commemoration of Sayyidah Fāṭimah's shahādah.

The months of Jumādā al-Ūlā and Jumādā al-Ākhirah are closely associated with the Lady of Light, Sayyidah Fāṭimah az-Zahrāʾ (ʿa). We commemorate and celebrate both her birth and her martyrdom during these months, and while we adore and revere the Ahlul Bayt (ʿa), it is important to emulate them as role models in our lives.

In other words, typically when it comes to the life of the maʿṣūmīn, we have a few mindsets: one is we want to know historical facts and ḥadīth about their greatness, what has been bestowed upon them, and how Allah (swt) gave them such a lofty status. Another component is of *uswah*, them being our role models. They are here for a purpose, and if they speak about their position, it is to give us guidance on how to achieve that closeness to Allah (swt). We can learn a lot of lessons from the life of Sayyidah Fāṭimah (ʿa), especially how she stood for *ḥaqq* (truth) against oppression, that resonates with what is currently happening.

The people of Medina, on numerous occasions, had seen how the Noble Prophet (ṣ) treated his daughter with great respect. They were well aware of her rights on the land of Fadak, as well as the rights of Amīrul Muʾminīn (ʿa). Still, the people turned against her and her family, humiliated her, and attacked her by burning her door. They emotionally, socially, and financially boycotted her and her family to try and silence her. However, she did not stop standing for *ḥaqq* and justice.

Sayyidah Fāṭimah is a true *uswah* and role model for all of us, and indeed, it is the promise of Allah (swt) that truth and justice will prevail. Even through times of great suffering and pain, Sayyidah Fāṭimah (ʿa) demonstrated qualities that enabled her to stand firm against injustice. Let us take a look at some of the lessons from her life that we can use today:

1. Having a strong bond between us and Allah (swt). Sayyidah Fāṭimah's tawakkul, or reliance on Allah (swt), never wavered, nor did her trust in His divine help and guidance.

2. Believing in our own and our family's abilities, just as Sayyidah Fāṭimah (ʿa) trusted in her family and in the imāmah of Imām ʿAlī (ʿa).

3. Not going with the flow, but preaching and constantly speaking out. Instead of being compliant and letting things happen, Sayyidah Fāṭimah (ʿa) remained active, going door to door and speaking up for the true wilāyah of Amīrul Muʾminīn.

4. Reaching as many people as we can, just like how she spread the teachings of Islam to those whom she could, with great lessons and reminders.

5. Distancing ourselves from those who are oppressors through actions like boycotting.

6. Helping anyone around the globe in any capacity. Look at the story from the time of Prophet Ibrāhīm (ʿa). After he had destroyed the idols, the evil ruler Namrūd ordered for him to be thrown into a large fire. A small bird filled its small beak with water and poured it on the fire. Angel Jibrāʾīl saw this and asked the bird why it did that. Didn't the bird know that tiny amount of water wouldn't have any effect on the fire? The bird replied that it was doing what was in its capacity to do. Like that bird, we too must do whatever is in our capacity, whatever our efforts allow, to help and support ḥaqq and justice. Even if just to distance ourselves from the oppressors, we must take action. Perhaps the few drops of water we are able to pour cannot defeat the great fire of ẓulm and oppression that rages today, but the effort is not lost in the eyes of Allah.

Even as Ibrāhīm (ʿa) was being hurled toward the fire, there was hope. And it was on Allah's command, "O fire! Be cool and safe for Ibrāhīm,"[1] and the fire was extinguished and became a place of safety for Prophet Ibrāhīm (ʿa). We too should never lose hope. Rest assured, it is the promise of Allah (swt) that *ḥaqq* and justice will prevail. There will be peace, and a most awaited savior is coming, as we see in the Quran, "Is not the dawn already near?"[2]

By the grace of Allah (swt), we are pleased to launch the Days of Sayyidah Fāṭimah (ʿa) Project Booklet. These 5 lessons will inshāʾAllāh help our kids to benefit, learn few points from the life of our beloved lady Sayyidah Fāṭimah az-Zahrāʾ (ʿa), and the activities will serve as a visual reminder of the lessons. We pray these projects will assist in planting the love of our Noble Prophet (ṣ) and his Ahlul Bayt (ʿa) in our children and serving the oppressed of the world through prayer and good deeds. By following the right role models and serving Allah's creatures all around the earth, inshāʾAllāh we become closer to Him.

We pray that Allah (swt) gives us the tawfīq to fulfill our duties and responsibilities towards our children, the future generation of ambassadors of Islam in this part of the world.

Jazākallāh khayrā and best wishes,
Nabi R. Mir (Abidi)
Resident ʿĀlim of SABA Islamic Center

1 Noble Qurʾān, Sūrah al-Anbiyāʾ (21), Verse 69.
2 Noble Qurʾān, Sūrah Hūd (11), Verse 81.

The Gift of Reciting Qurʾān

Objective: Students will learn about the importance of reading the Qurʾān.

It is the beginning of Ayām Fāṭimiyyah—the Days of Sayyidah Fāṭimah (ʿa), when we remember the beloved daughter of our Noble Prophet (ṣ). There are two main traditions of her shahādah: 13th Jumādā al-Ūlā and 3rd Jumādā al-Ākhirah. We mourn for her during this time, as she faced many tragedies in her final days.

Sayyidah Fāṭimah (ʿa) loved reading the Qurʾān, a book of guidance that was a compass in her life. She knew reading it and learning from it made Allah (swt) happy. Having a strong bond with the Qurʾān is important, not only for ourselves but also for those who have passed. Before she passed away, she asked Imām ʿAlī (ʿa) to recite a lot of Qurʾān at her grave, saying that "it is at that moment when a dead person needs love and honor of the living ones."[1] This shows us that when we remember our loved ones who have passed away by reciting the Qurʾān for them, they continue to receive blessings from Allah (swt), even after death.

There are lessons we can learn from the Qurʾān, so reciting it and learning its meanings helps us make good choices in life. To help us build a strong connection with the Qurʾān, we are going to make Qurʾān calendars. These will help us to read a little bit of the Qurʾān everyday. If you don't know how to read the Qurʾān yet, you can always ask someone to read it to you and learn the meanings of each sūrah.

1 Shaykh ʿAbbas Qummī, *House of Sorrows, The Life of Sayyidah Fatimah al-Zahra and Her Grief*, Ch. 4.

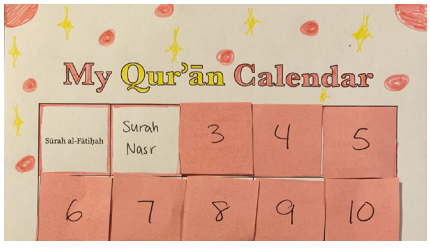
My Qurʾān Calendar

Suggested Ages: 5+

Time: 40 minutes

Materials:

- Calendar template
- Construction paper
- Crayons/colored pencils
- Markers
- Scissors
- Tape



Procedure:

1. Color and decorate the calendar however you like.
2. Inside the blank boxes, write the name of a sūrah or short verse you know.
3. Take the construction paper and cut out 30 small squares, about the size of a square on the calendar.
4. Tape each piece of paper onto each square on the calendar.
5. Number the squares 1-30.
6. Finish decorating the craft however you like.
7. Now your calendar is ready! Each day, remove a number and recite the sūrah or verse written underneath. You can also practice reading the English translation.

My Qur'ān Calendar

Sūrah al-Fātiḥah				رَبِّ زِدْنِى عِلْمًا My Lord! Increase my knowledge (20:114)
		هٰذَا مِنْ فَضْلِ رَبِّى This is from the grace of my Lord (27:40)		
	Sūrah al-Ikhlāṣ			Sūrah an-Nās
Sūrah al-Falaq			وَ بِٱلْوَالِدَيْنِ إِحْسَانًا And to your parents be good (17:23)	
	Sūrah al-Qadr			Sūrah al-ʿAṣr
وَٱلصُّلْحُ خَيْرٌ And (making) peace is better (4:128)		Sūrah al-Kawthar		

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Barakah In Our Actions

Objective: Students will learn about barakah and how it can impact our actions.

One of the best ways we can remember and honor the Ahlul Bayt (ʿa) is by learning about them, taking lessons from their life, and following in their example. In these Days of Sayyidah Fāṭimah (ʿa), let us take a look at one of her ḥadīth and learn one lesson from her wise words. Sayyidah Fāṭimah (ʿa) has said, "If someone does ʿibādah and good deeds sincerely, Allah (swt) will give barakah in their actions and it will turn out well for them." What does this mean?

ʿIbādah means worship, or any actions we do for the sake of Allah (swt), such as praying ṣalāh, fasting, and reading the Qurʾān. However, did you know that every action we do can be ʿibādah? Even little things like brushing our teeth or helping our family can make Allah (swt) happy if we do it with love for Him! Doing good actions simply because we love Allah (swt) means we are being sincere. We should pray ṣalāh or clean up around the house to make Allah (swt) happy, not just because our parents told us to. So when you're being kind or helping out, remember to do it because you want to make Allah (swt) happy!

When we do good actions to make Allah (swt) happy, He gives us barakah, which is a special blessing. It means our actions will have a good effect or impact, even if they are small deeds. Let's try to do good things and be kind to others, because Allah (swt) loves it when we do good deeds, big or small! Today, we are going to make a project that can remind us of this.

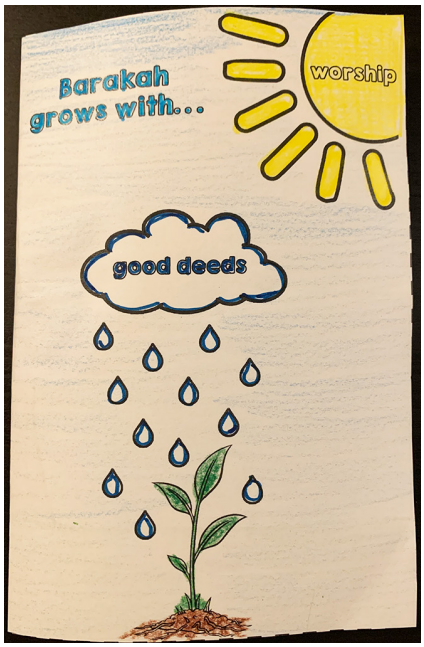
Barakah Cards

Suggested Ages: 5+

Time: 40 minutes

Materials:

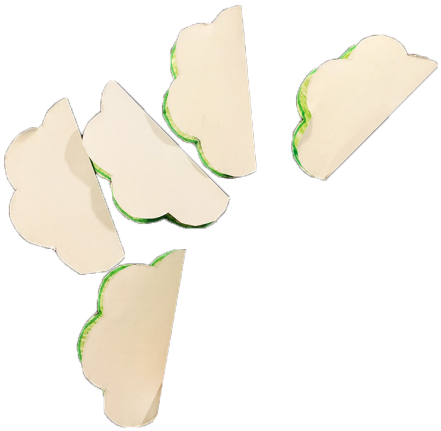
- Card template
- Crayons/colored pencils
- Markers
- Scissors
- Glue
- Optional: green paper



Procedure:

1. Color and decorate the cover of the card however you like.
2. Cut the card out by cutting along the outer dotted rectangle.
3. Fold the card in half widthwise, along the solid line. Make sure the image is showing.
4. From the second page of the template, color and decorate the tree shape pieces (optional: you can make them from green construction paper instead).
5. Cut out the tree shape pieces.
6. Fold each piece in half along the thin solid line.
7. Now take one folded tree piece and glue it to another folded tree piece.
8. Repeat this process for all of the tree pieces.
9. Take the tree shape and fold it in half so that all of the pieces are inside and only the blank side of the outer pieces are showing.
10. Open the card and line up the folded edge of the tree shape with the fold line of the card.
11. Glue one side of the tree shape to the inside of the card, then open it and glue the other side.
12. Close the card. When you open it, the tree should have a pop up effect.
13. Draw a tree trunk under the tree and finish decorating however you like.

Watch this video from Red Ted Art of a similar craft to see how to make the pop up tree.



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Barakah grows with...

worship

good deeds

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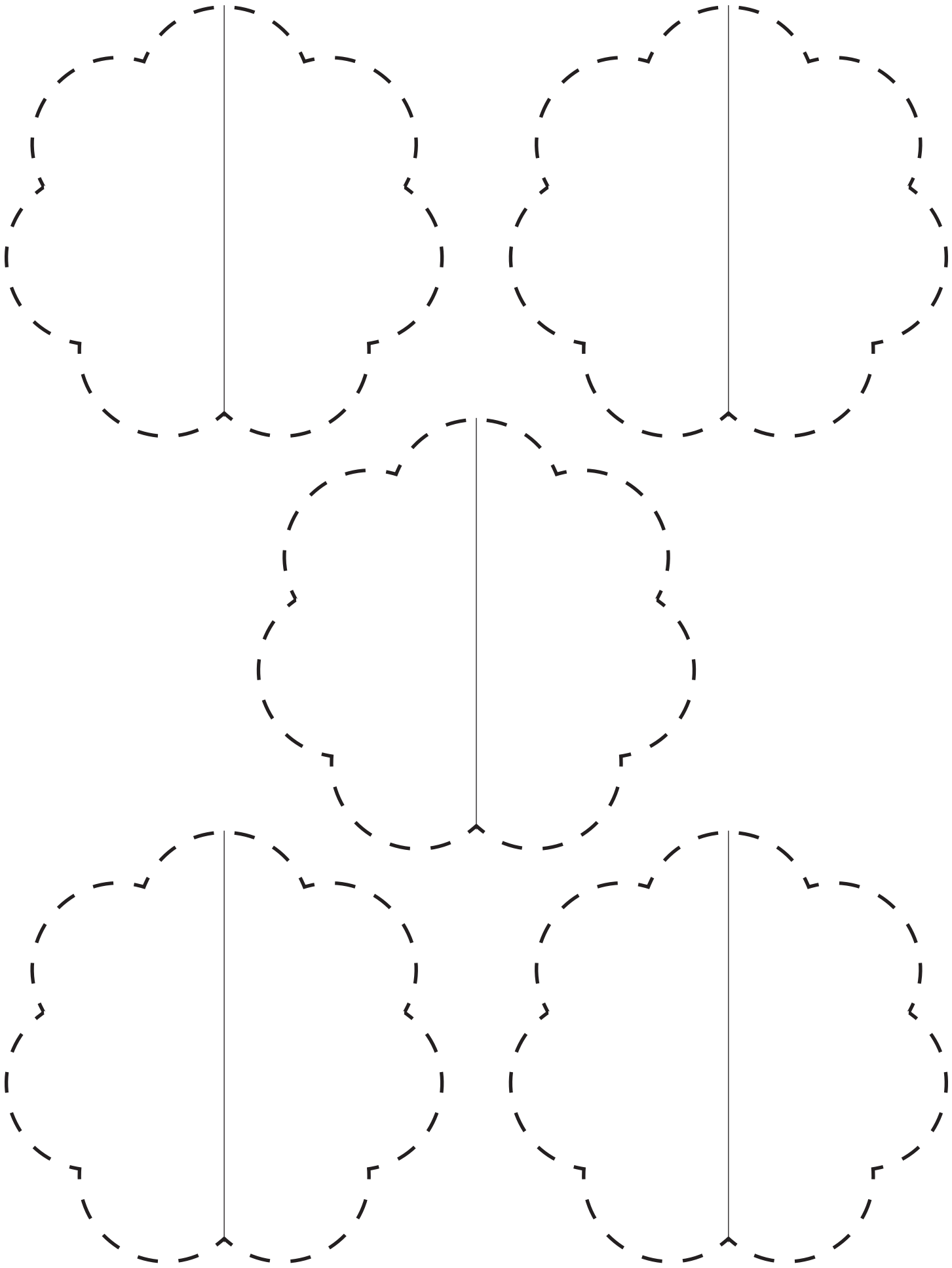

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The Path of Knowledge

Objective: Students will learn about one way to gain knowledge.

In these Days of Sayyidah Fāṭimah (ʿa), we gather to remember and learn more about her. Sayyidah Fāṭimah (ʿa) was a wonderful teacher. She used to teach the Qurʾān to the women of Medina. One day, a woman came up to her after class and asked many questions. Sayyidah Fāṭimah (ʿa) answered all her questions patiently and with a smile. After the woman asked her tenth question, she felt embarrassed and said, "I have bothered you with so many questions today!" Sayyidah Fāṭimah (ʿa) kindly replied, "Ask as many questions as you would like, and I will gladly respond because Allah (swt) will give me thousands of rewards for each answer that I give!" We can see how Sayyidah Fāṭimah (ʿa) gave a lot of importance to asking questions.

What kinds of questions do you think are important to ask? There are many questions that we have throughout our life. The Noble Prophet (ṣ) has said that: "[Asking] beneficial questions is half [the path] to knowledge."[1] We should ask those questions that will help us become closer to Allah (swt). This includes questions about our deen, as well as about society, the sciences, any skills, and so much more! Learning about the world around us helps us become closer to Allah (swt). Today, we are going to do an activity where we can ask questions to learn more about Sayyidah Fāṭimah (ʿa).

1 Kanz al-ʿUmmāl, Ḥadīth #29262

Question Mark Puzzle

Suggested Ages: 5+

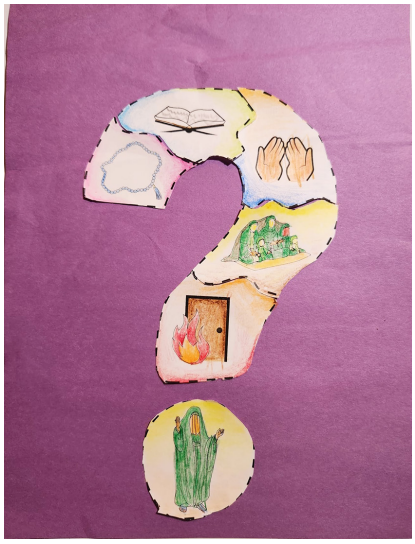
Time: 40 minutes

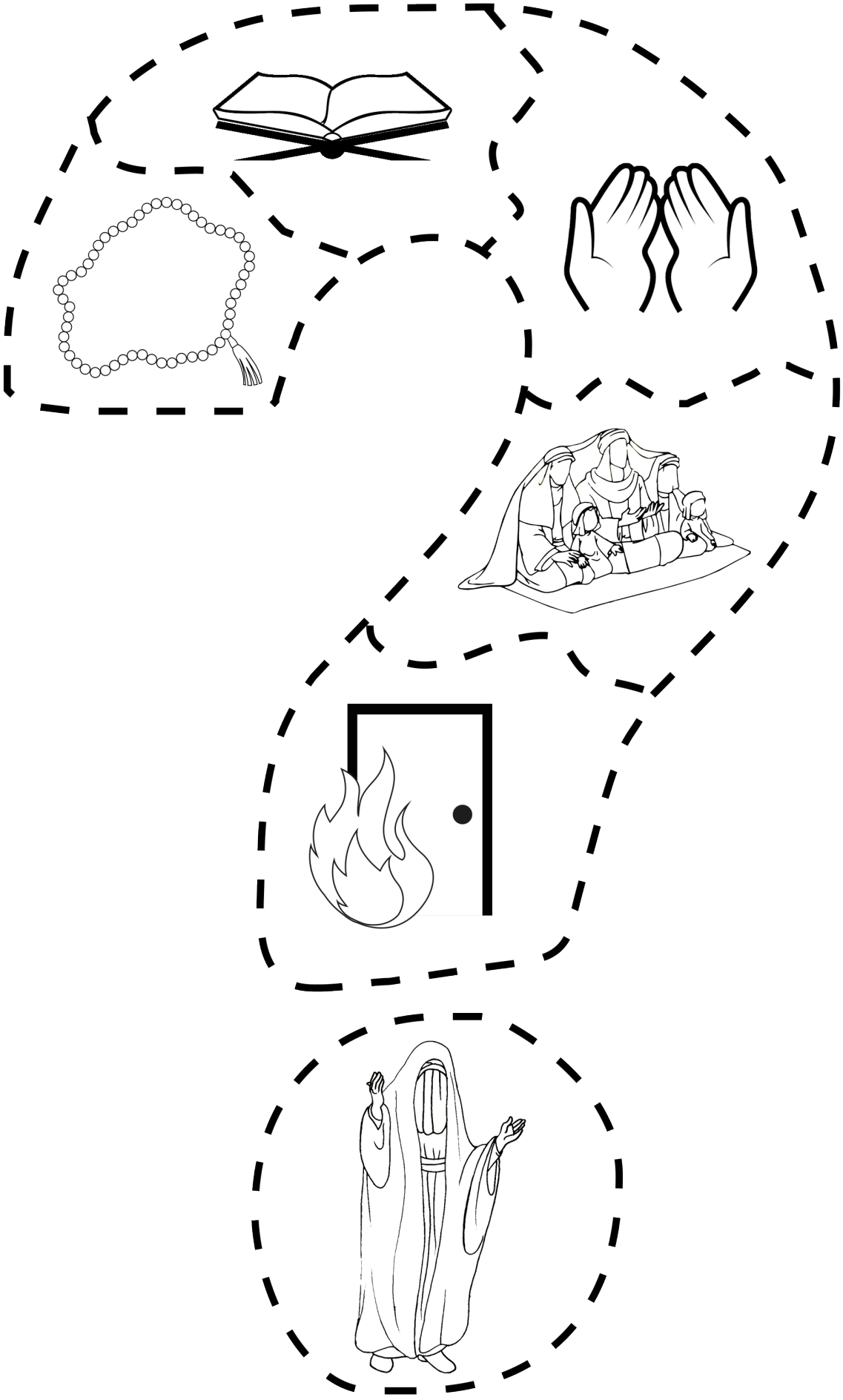
Materials:

- Puzzle template
- Colored paper
- Crayons/colored pencils
- Markers
- Scissors
- Glue

Procedure:

1. Color and decorate the puzzle pieces however you like.
2. Cut out the puzzle pieces by cutting along the dotted edges.
3. Match the pieces to complete the image. It should make a question mark.
4. Once the pieces are in the correct places, glue them down to the construction paper.
5. Look at the images in the puzzle to help you think of some questions about Sayyidah Fāṭimah (ʿa).
6. Finish decorating the craft however you like.





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Blessings

Objective: Students will learn about the blessings of Sayyidah Fāṭimah (ʿa).

Sayyidah Fāṭimah (ʿa) spent her life defending Islam by guiding people towards the truth. This is why one of her titles is Mubārakah, which means "blessed." However, the deeper meaning is that some things can have a lasting effect if done sincerely, even though they may be small. This can be seen at the time of Sayyidah Fāṭimah's birth, when Allah (swt) revealed Sūrah al-Kawthar. It is one of the shortest chapters in the Noble Qurʾān, but its impact is huge. Let's explore the connection between this sūrah and our blessed lady of light, and the significant impact she made.

Kawthar refers to a beautiful stream in heaven, which is pure and fresh. Water is a special blessing, and one of its unique characteristics is that it is naturally pure and has the power to remove najāsah. The same is true for Sayyidah Fāṭimah (ʿa) and the Ahlul Bayt (ʿa), for whom Allah (swt) has said that He created them pure and ṭāhir.

The word kawthar also means "abundance" or "plenty." In the sūrah, it refers to the abundance for the Prophet (ṣ), since his progeny is continued through Sayyidah Fāṭimah (ʿa). However, this blessing extends to the believers as well. We enjoy life's blessings through the influence of the Ahlul Bayt (ʿa) in our spiritual journey, and by being close to them, we receive divine favor from Allah (swt). Today, we are going to make a craft that reminds us of these blessings we have.

A Shower of Blessings

Suggested Ages: 5+

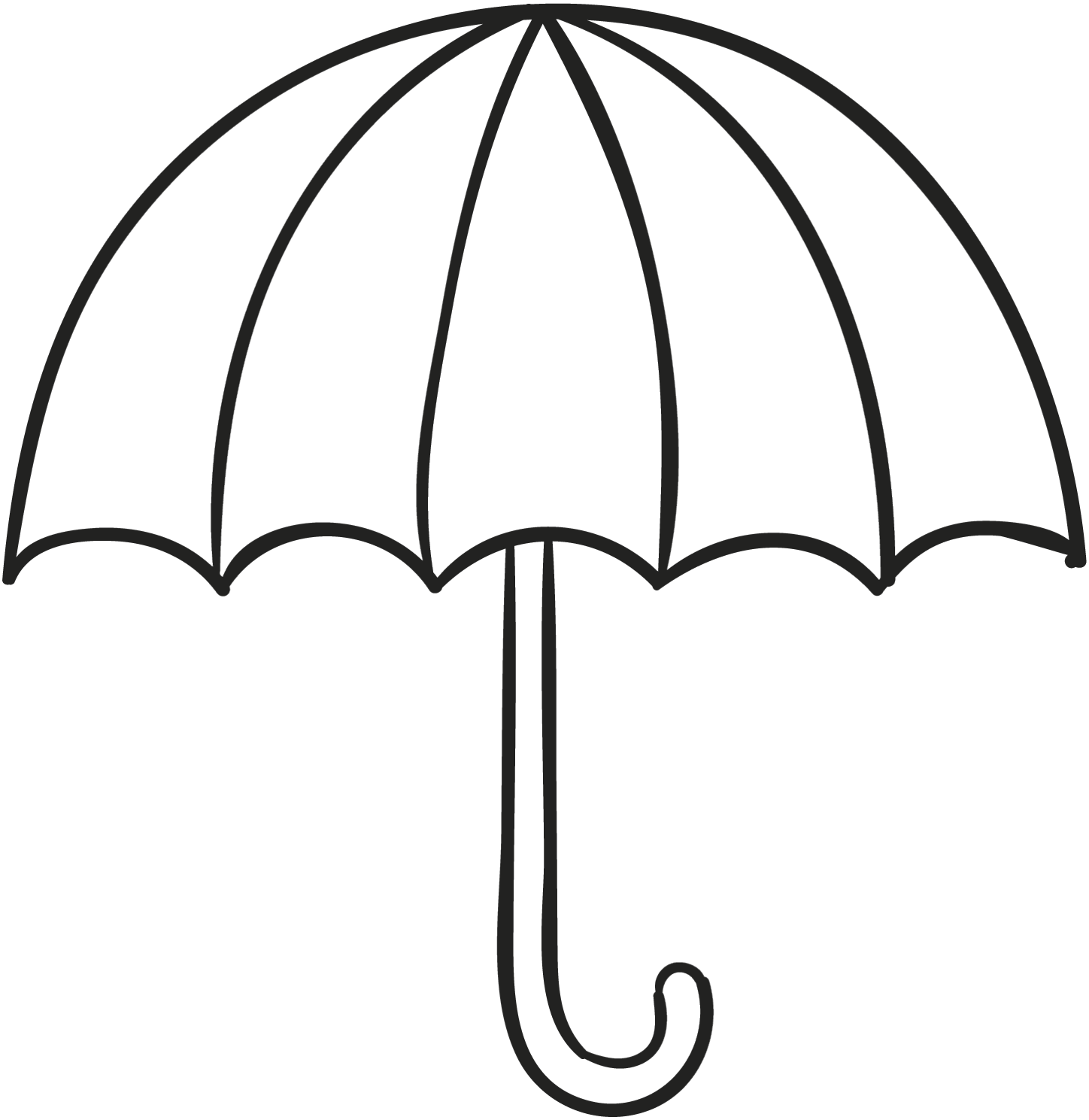
Time: 40 minutes

Materials:

- Raindrops template
- Crayons/colored pencils
- Markers
- Scissors
- Tape
- Yarn/string

Procedure:

1. Color and decorate umbrella and raindrop images however you like.
2. In each raindrop, write one blessing you enjoy in life.
3. Cut out the umbrella and raindrops.
4. Cut a piece of yarn for each raindrop, about 10" long (or whatever length you prefer).
5. Turn your umbrella over and glue or tape one end of each yarn piece along the bottom of the umbrella.
6. Then, glue or tape the other end of each yarn piece to the back of the raindrops.
7. Finish decorating the craft however you like.



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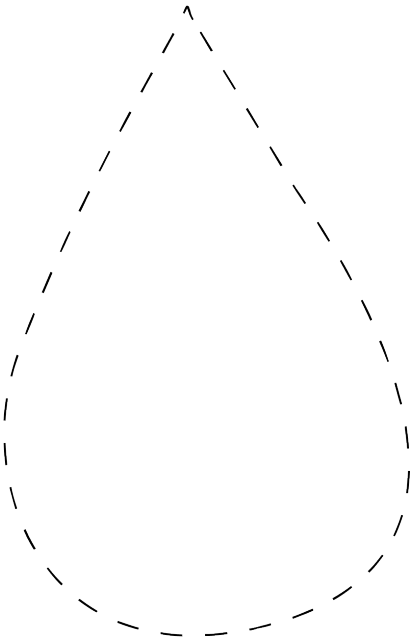

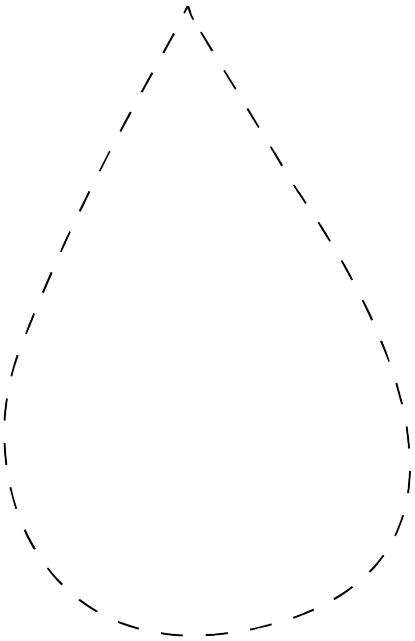

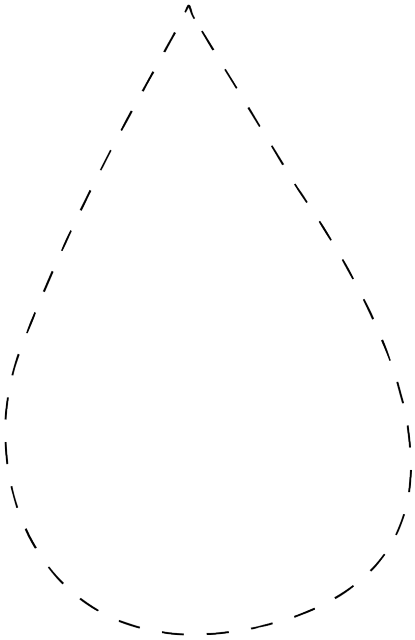

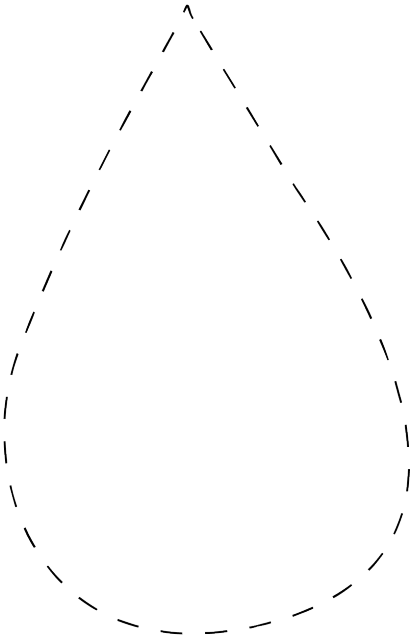

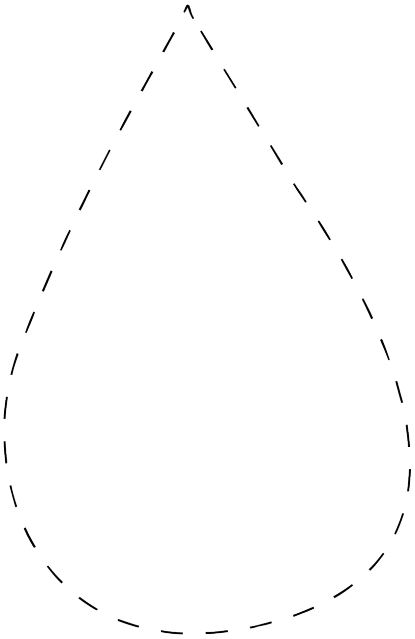

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The Night of Power

Objective: Students will learn about how Sayyidah Fāṭimah (ʿa) is connected to Laylat al-Qadr.

Sayyidah Fāṭimah (ʿa) has a special connection with the Qurʾān, and has been mentioned or referenced in different verses. Such is the case with Sūrah al-Qadr as well, which discusses the auspicious night, Laylat al-Qadr. Let us take a look at the close relationship between this exalted lady and Laylat al-Qadr:

- Laylat al-Qadr is a special night when we sincerely seek Allah's pleasure and protection. When the Noble Prophet (ṣ) said that Allah (swt) is pleased with Sayyidah Fāṭimah's pleasure and angered by her anger, this is referring to a similar way we can seek Allah's pleasure. By doing good deeds and following her example, we can bring joy to Sayyidah Fāṭimah (ʿa), and ultimately to Allah (swt) and the Imām of our time (ʿaj).
- The actual date of Laylat al-Qadr is hidden. Ahlul Bayt (ʿa) have given clues of it being in the last ten nights of Shahr Ramaḍān, so we strive hard to spend these nights in the remembrance of Allah (swt). Likewise, the exact location of the grave of Sayyidah Fāṭimah (ʿa) is unknown. However, the graves of other holy personalities, including the martyrs of Karbalāʾ, are known. When we visit the holy shrines of the other maʿṣūmīn, we remember and mourn for Sayyidah Fāṭimah (ʿa).
- The night of Qadr is better than 1,000 months. Imagine getting the thawāb of doing ʿibādah for 80 years! The status and virtue of Sayyidah Fāṭimah (ʿa) is greater than thousands of honorable and pious personalities. Allah (swt) has made her the leader of all the ladies in all the worlds.
- It is believed that the Noble Qurʾān descended on the night of Qadr. The eleven Imāms (ʿa), who are the descendants of Sayyidah Fāṭimah (ʿa), are considered the "speaking" Qurʾān, due to their extensive knowledge of this noble book.

Today, we are going to make a very special clock. This clock symbolizes the connection between the night of Qadr and Sayyidah Fāṭimah (ʿa). The hours on the clock show us that the entire night is full of the mercy and the blessings of Allah (swt) until dawn. The pictures that will be placed under each number symbolize the connection between Sayyidah Fāṭimah (ʿa) and the night of Qadr.

Clock Craft

Suggested Ages: 5+

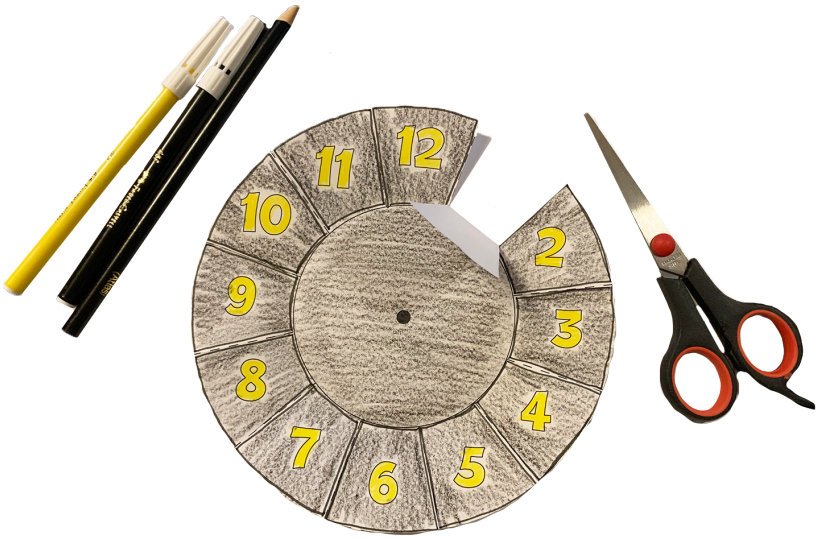
Time: 40 minutes

Materials:

- Clock template
- Crayons/colored pencils
- Markers
- Scissors
- Glue
- A paper fastener
- A push pin
- Optional: paper plates

Procedure:

1. Color the circle with the numbers black and the circle with the pictures yellow (optional: you can use 2 paper plates, color them black and yellow, put the numbers on the black plate, and put the images on the yellow one).
2. Cut out each circle by cutting along the outer dotted edge.
3. Take the first circle and cut between each number along the small dotted lines. This will make small flaps of each number.
4. Place it on top of the second circle with the images. Make sure to line up the hands image with the number 12.
5. Glue the middle of the first circle to the middle of the second one. Do not glue down the flaps with the numbers.
6. Carefully poke a hole in the center at the small black dot using a push pin.
7. Cut out the clock hands.
8. Carefully poke a hole in each clock, using a push pin.
9. Line up the holes of the clock hands with the hole of the clock.
10. Attach and secure all pieces together with a paper fastener.



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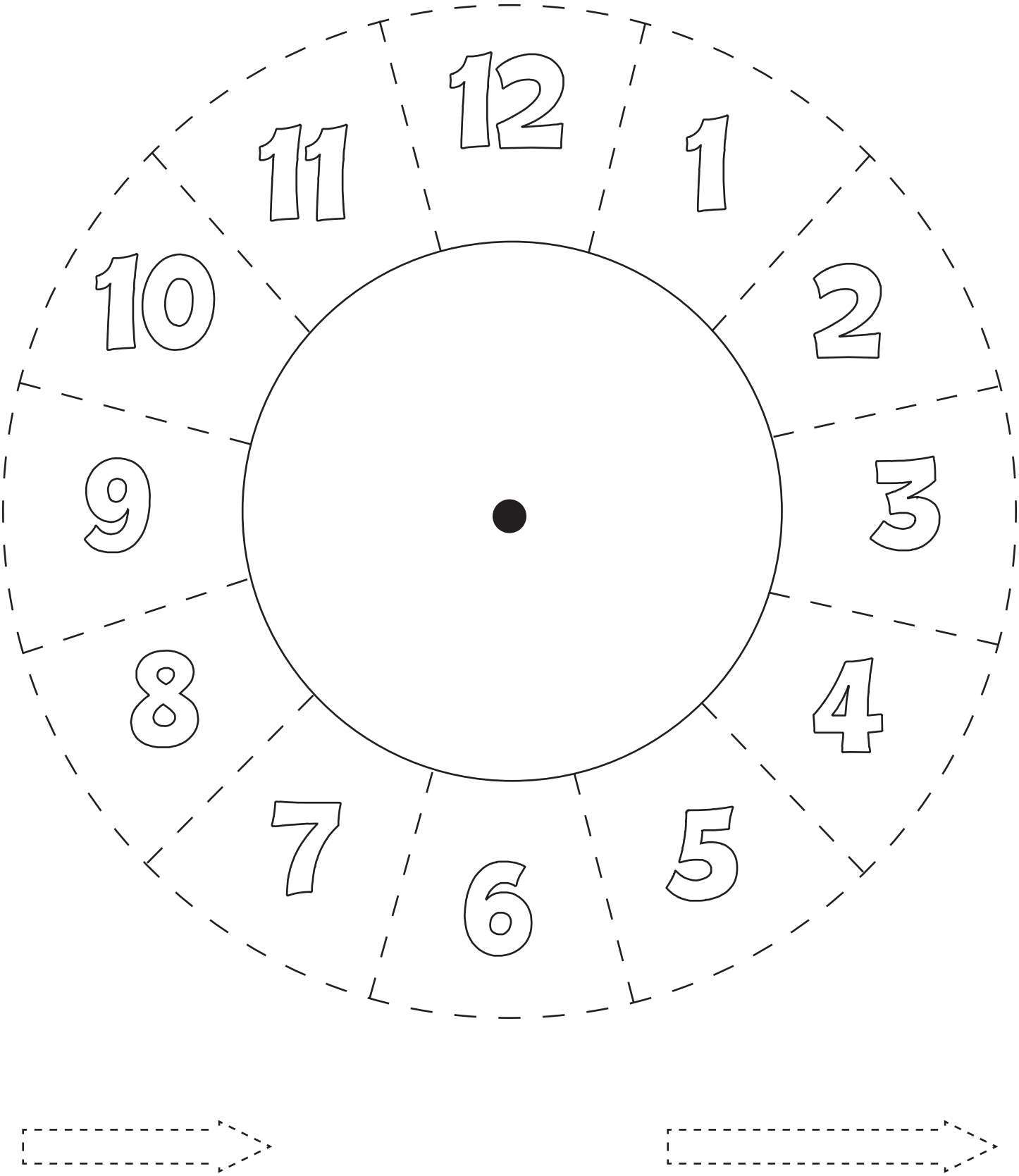
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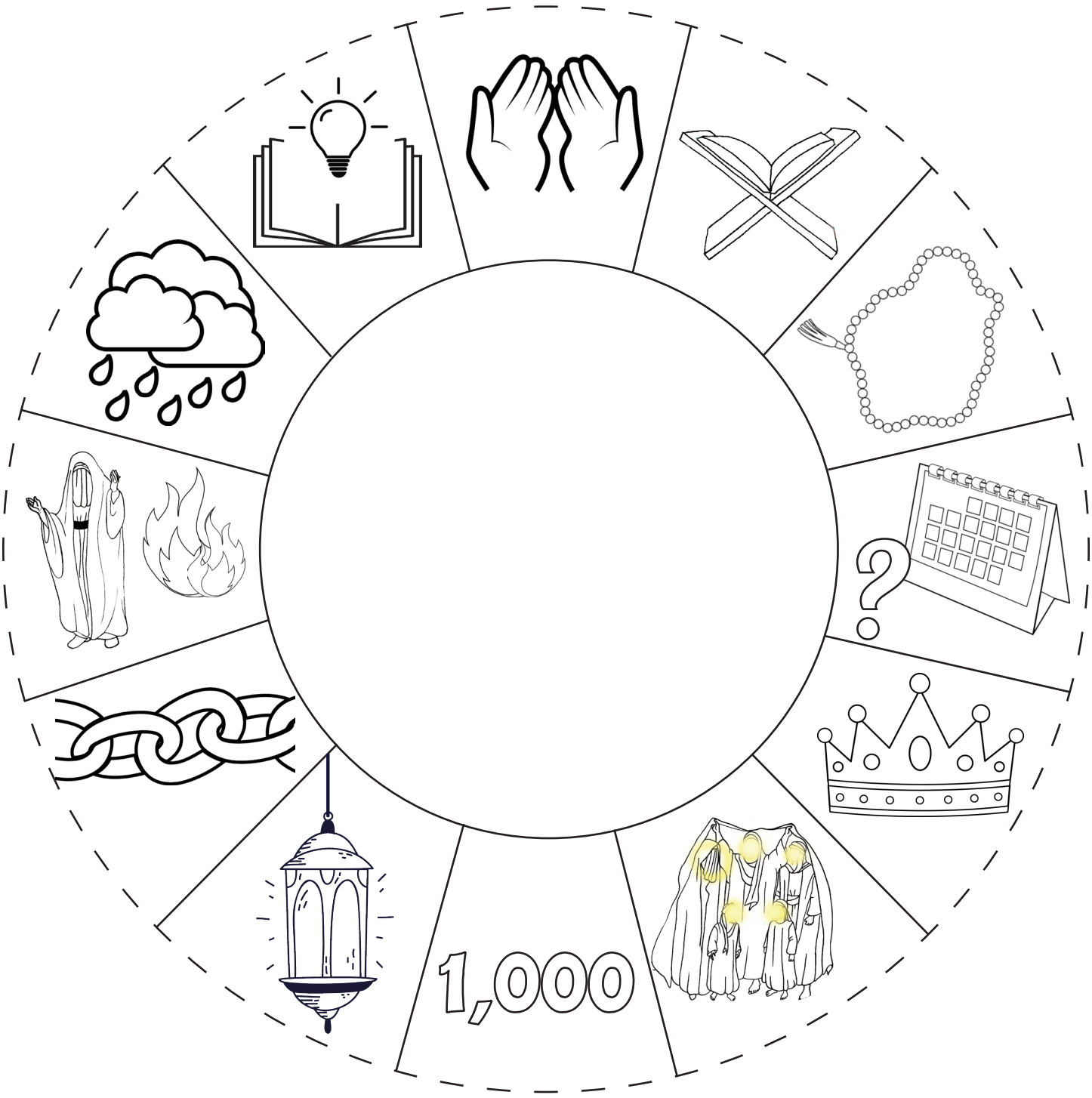
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AL-KISA FOUNDATION

UNDER THE CLOAK OF GUIDANCE AND MERCY